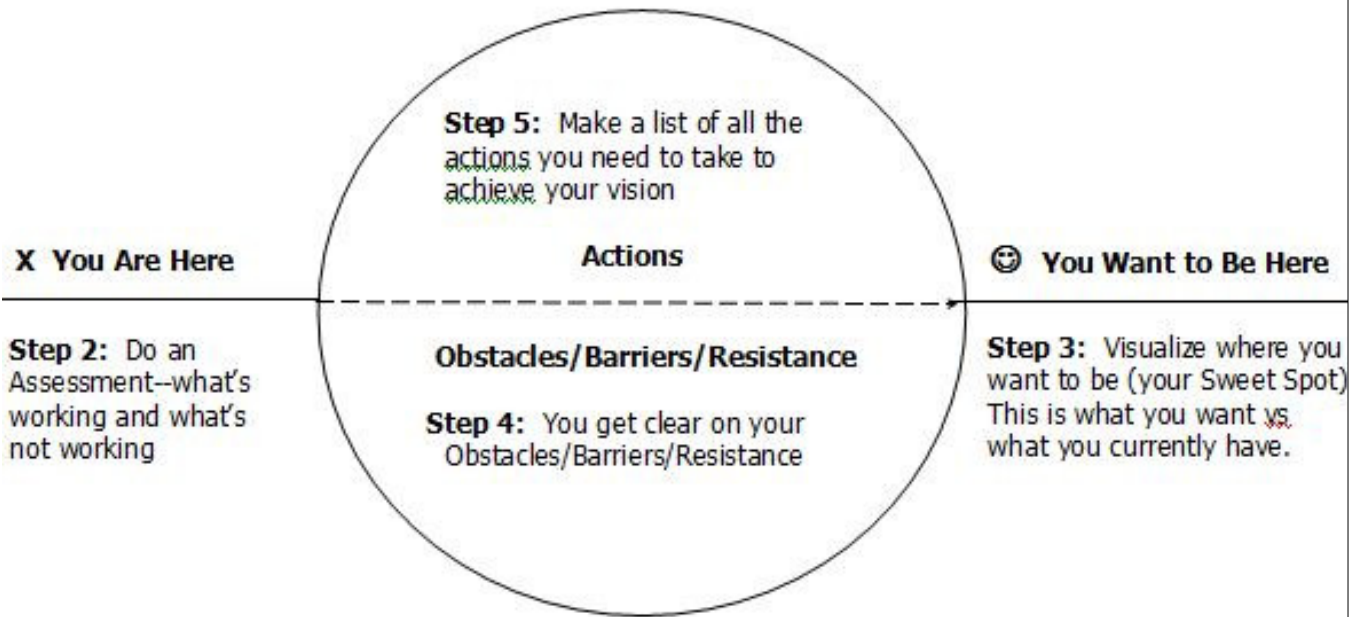


## Life in Your Lap – 5 Step Process

**Step 1:** Decide you want something to be different and are willing to do the work to make it happen. Do not underestimate the power of this step. It sets everything else in motion.

**My decision:** I am willing and ready to \_\_\_\_\_



Notes: