

Top Ten Favorite Snacks (example sheet)

#	Snack Item	Groceries Needed
1	Celery with peanut butter	
2	Apple with peanut butter	
3	Popcorn and nuts	
4	Fruit and cheese	
5	Yogurt with fruit or granola	
6	Raw veggies and dip	
7	Hummus with veggies	
8	Mozzarella stick cheese with crackers	
9	Nuts and fruit or dried fruit	
10	Pretzels and nuts	